

# Kontakion of Cheesefare Sunday

"On Adam's Lament"

Kievan Chant

Proemium:

Adapted from D. Yaichkov by Kevin Smith

Soprano  
Alto

Tenor  
Bass

Guide of wisdom, Giver of pru-dence, Teach-er of the fool-ish

Detailed description: This system shows the first two staves of the Proemium. The Soprano and Alto parts are written on a treble clef staff with a key signature of one sharp (F#). The Tenor and Bass parts are written on a bass clef staff with the same key signature. The lyrics are: "Guide of wisdom, Giver of pru-dence, Teach-er of the fool-ish".

and de-fend - er of the poor, es - tab-lish and give un - der-stand-ing

Detailed description: This system shows the next two staves of the Proemium. The lyrics are: "and de-fend - er of the poor, es - tab-lish and give un - der-stand-ing".

to my heart, O Mas - ter. Give me a word, O Word of the

Detailed description: This system shows the next two staves of the Proemium. The lyrics are: "to my heart, O Mas - ter. Give me a word, O Word of the".

Fa - ther, for see, I shall not restrain my lips from cry - ing to

Detailed description: This system shows the final two staves of the Proemium. The lyrics are: "Fa - ther, for see, I shall not restrain my lips from cry - ing to".

REFRAIN:

Thee: "O Mer-ci-ful One, have mer - cy on the fall - en."

Detailed description: This system shows the musical notation for the Refrain. The lyrics are: "Thee: 'O Mer-ci-ful One, have mer - cy on the fall - en.'".

## Oikos 1:

Then Ad-am sat and wept opposite the delight of Par - a -

dise, beating his eyes with his hands and say - ing:

REFRAIN:

## Oikos 2:

Share in the pain, O Paradise, of thy beggared mas - ter, and

with the sound of thy leaves implore the creator not to shut - thee:

REFRAIN:

## Oikos 3:

Bend down thy trees like living beings and fall before Him who

holds the key, that thus thou mayest remain open for one who cries:

REFRAIN:

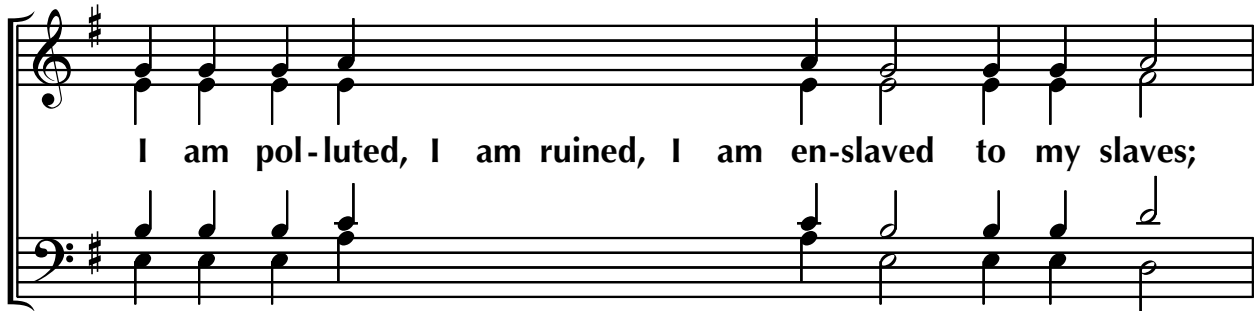
## Oikos 4:

I breathe the fragrance of thy beauty and I melt as I re -

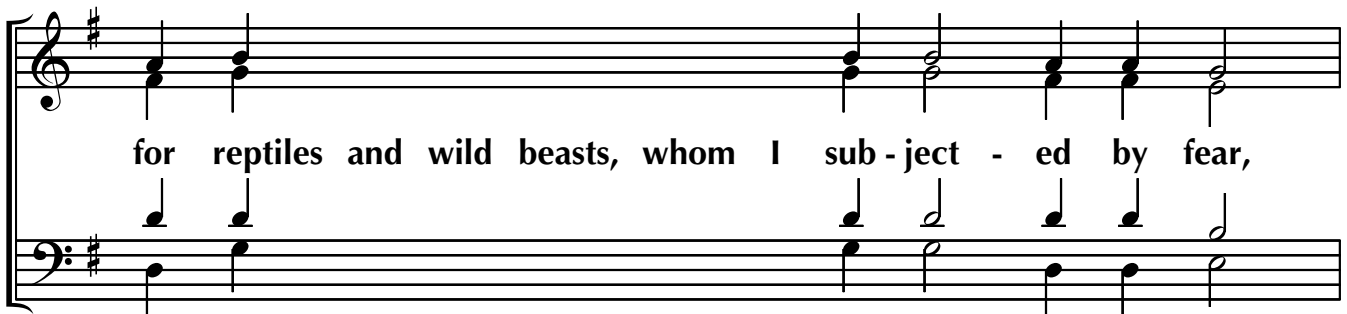
call how I de-light-ed there from the sweet scent of the flow - ers:

REFRAIN:

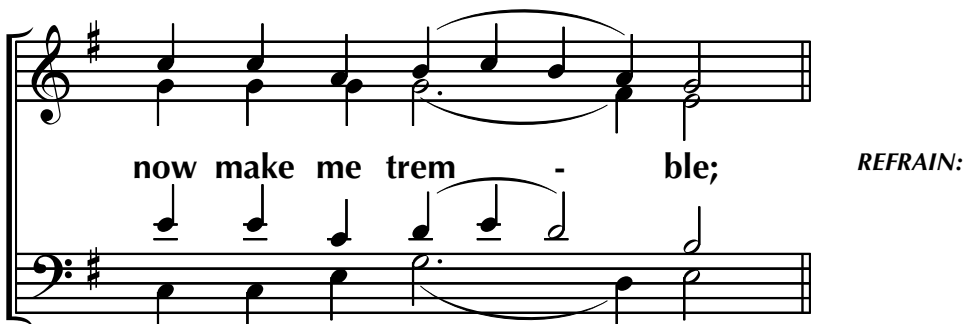
## Oikos 5:



I am pol-luted, I am ruined, I am en-slaved to my slaves;

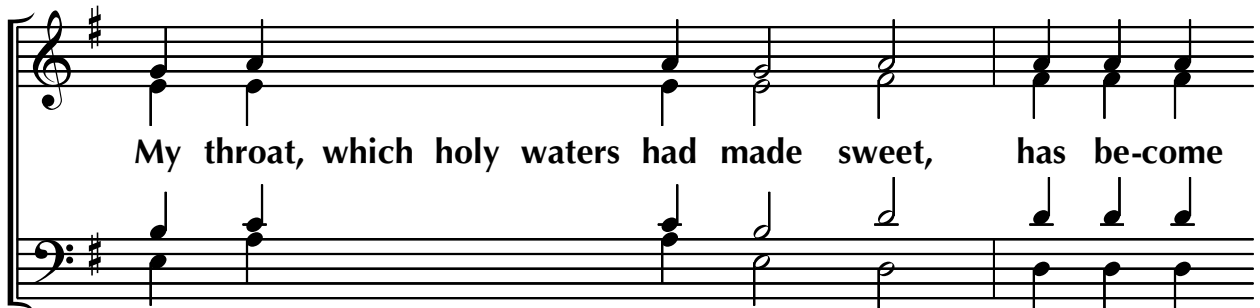


for reptiles and wild beasts, whom I sub-ject - ed by fear,



now make me trem - ble; REFRAIN:

## Oikos 6:



My throat, which holy waters had made sweet, has be-come



bit-ter from the mul - ti tude of my groans, as I cry — out:

REFRAIN:

## Oikos 7:

How have I fall-en? Where have I ar-rived? From a ped - e-stal

to the ground; from a divine admonition to a wretched existence

I have been re-duced: *REFRAIN:*

## Oikos 8:

Now Satan rejoices having stripped me of my glo - ry;

but this gives him no joy; for see, my God clothes me:

*REFRAIN:*

## Oikos 9:

God himself pities me, clothing my na - ked - ness; by this he

shows me that he too cares for me, the trans-gres - sor:

REFRAIN:

## Oikos 10:

"Swift-ly, O Ad-am, thou hast un - der - stood the wish of

my com-pas - sion; therefore I do not deprive thee of

this thy hope as thou cri- est out:

REFRAIN:

## Oikos 11:

I do not wish, nor do I will, the death of the one I fash-ioned;

but hav - ing chas - tened him e - nough I will glo - ri - fy e -

ter - nal - ly the one who cries ————— out:

REFRAIN:

## Oikos 12:

Now therefore, O Savior, save me also who seek for Thee with

long - ing; I do not wish to take Thee in,

but I wish to be taken in by Thee and to cry to Thee:

The image shows a musical score for a vocal line. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature is one sharp (F#). The lyrics are written below the treble staff. The melody is written on the treble staff, and the bass line is written on the bass staff. The lyrics are: "but I wish to be taken in by Thee and to cry to Thee:". The word "cry" is underlined. The music ends with a double bar line.

*REFRAIN:*

Then the Proemium and Refrain are repeated once more.



# The Triodion Hymn

*Byzantine Tones 8 and 6*

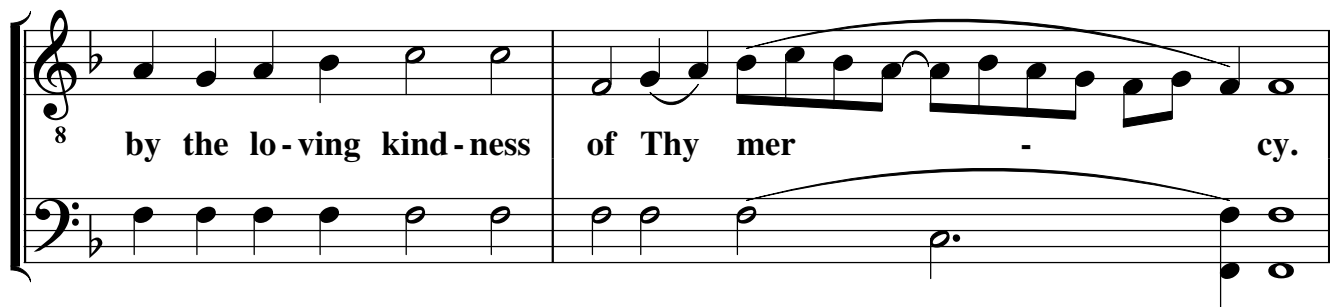
<sup>8</sup> Glo - ry to the Fa - ther and to the Son and to the Ho - ly

<sup>8</sup> Spi - rit. O - pen to me the doors of re - pen - tance, O

<sup>8</sup> Life - giv - er, for my spi - rit ri - ses ear - ly to pray towards

<sup>8</sup> Thy Ho - ly Tem - ple, bear - ing the tem - ple of my bo - dy

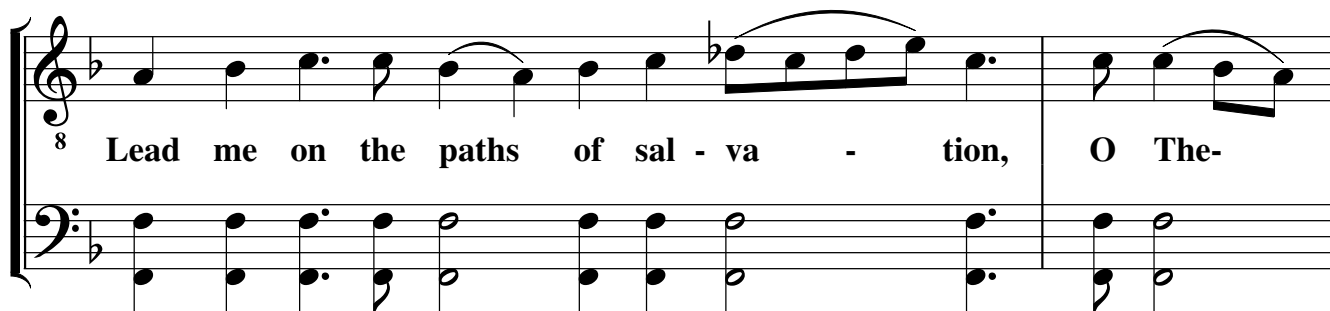
<sup>8</sup> all de - fi - led, but in Thy Com - pas - sion, pu - ri - fy me



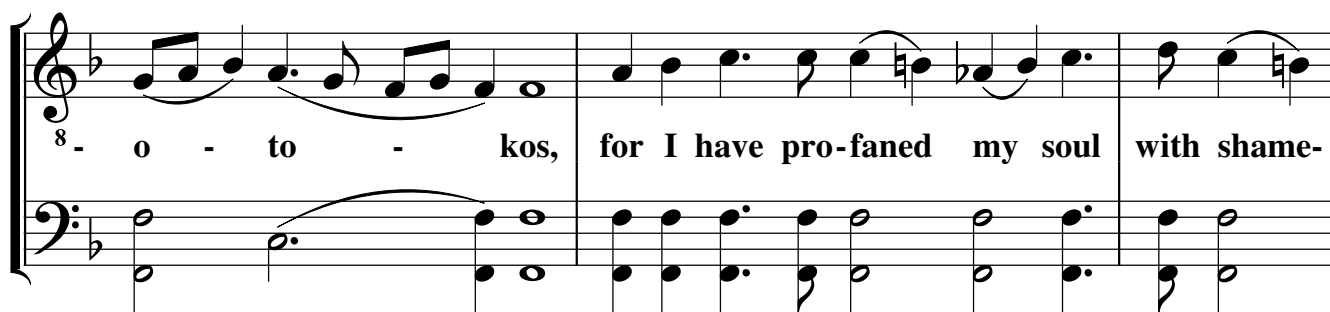
8 by the lo-ving kind-ness of Thy mer - cy.



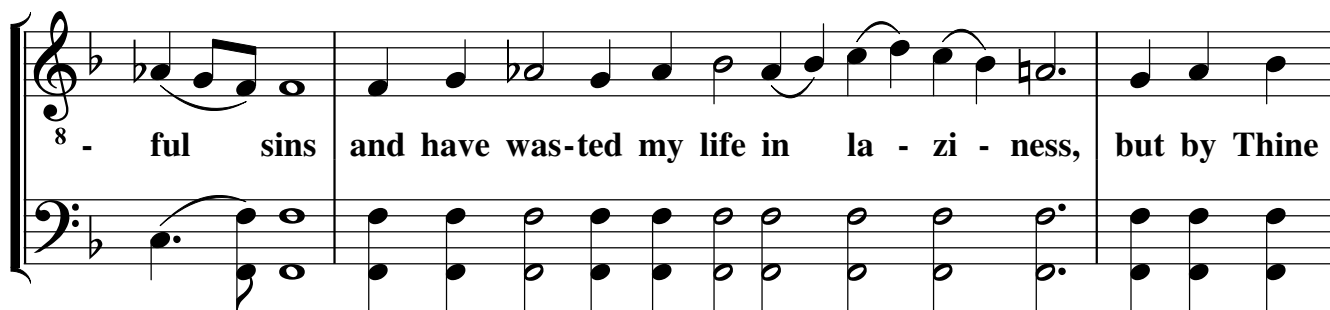
8 Now and e - ver and un-to a - ges of a - ges. A-men.



8 Lead me on the paths of sal - va - tion, O The-



8 - o - to - kos, for I have pro-faned my soul with shame-



8 - ful sins and have was-ted my life in la - zi - ness, but by Thine

8 in - ter - ces - sions, de - liv - er me from all im-

8 - pur - i - ty. Have mer - cy on me, O God,

8 ac - cor - ding to Thy great mer - cy and ac - cor - ding to the mul - ti-

8 tude of Thy com - pas - sions, blot out my trans - gres - sions. When I

8 think of the ma - ny e - vil things I have done, wretch that I am, I

8 trem - ble at the fear - ful day of Judg - ment, but trust - ing

8 in Thy lov - ing kind - ness, like Da - vid I cry to Thee: Have mer -

8 - cy on me, O God, ac - cor - ding to Thy great mer - cy.

8 of praise, O Son of God and Giv-er of Life! There-fore all  
8 the world doth glo-ri-fy Thee!

**The Great Prokeimenon** (*Tone 8*)

Turn not away Thy face from Thy child for I am af-flic-ted;  
hear me speedily draw near un-to my soul and de-li-ver it!

- Verses:* 1. Thy salvation, O God, hath upheld me!  
(*Deacon*) 2. Let the poor see and be glad!  
3. Seek God and your soul shall live!



## The Evening Litany – LENTEN Melody

Lord, have mer-cy. Grant this, O Lord. To Thee, O Lord.

This system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords and some melodic lines, while the bass staff provides a harmonic accompaniment. The lyrics are written below the notes.

A-men. And to thy spi-rit. To Thee, O Lord.

This system continues the musical notation from the first system, with similar chordal and melodic structures. The lyrics are written below the notes.



## The Apostikha – Tone 4, Kievan Chant

*prayerfully:* *arr. B. Ledkovsky*

A-men. Thy grace has shown forth, O Lord! The grace which il-lum-

This system of musical notation is in the key of D major (one sharp) and 4/4 time. It features a treble and bass staff with lyrics written below. The tempo/mood is indicated as 'prayerfully'.

- ines our soul! This is the ac-cep-ta-ble time! This is the time of

This system continues the musical notation from the first system, with lyrics written below the notes.

“repentance!”

re-pen - tance! Let us lay aside the works of darkness and put on

the ar - mor of light! That passing through the Fast as through

a great sea, We may reach the Resurrection on the Third Day!!

Of our Lord Jesus Christ, the Sav - ior of our souls!

**Reader:** To thee I lift up mine eyes, O Thou Who art enthroned in the heavens! Behold, as the eyes of servants look to the hand of their master; as the eyes of a maid to the hand of her mistress, so our eyes look to the Lord our God, till He have mercy upon us!



*And again, with strength:*

Thy grace has shown forth, O Lord! The grace which il-lum-

- ines our soul! This is the ac-cep-ta-ble time! This is the time of

re-pen - tance! Let us lay aside the works of darkness and put on

the ar - mor of light! That passing through the Fast as through

a great sea, We may reach the Resurrection on the Third Day!//



Of our Lord Jesus Christ, the Sav - ior of our souls!

*Verse:* Have mercy upon us, O Lord,  
have mercy upon us, for we  
have had more than enough of  
contempt. Too long our soul  
has been sated with the scorn  
of those who are at ease, the  
contempt of the proud.

Thou art glo - ri - fied!

In the mem - ory of Thy saints, O Christ God! At their sup-

- pli - ca - tions, // Send down up - on us Thy great mer - cy!

*Reader:* ("Glory, Now and ever..." in the same tone)

Glory to the Father, and to the Son, and to the Holy Spirit:



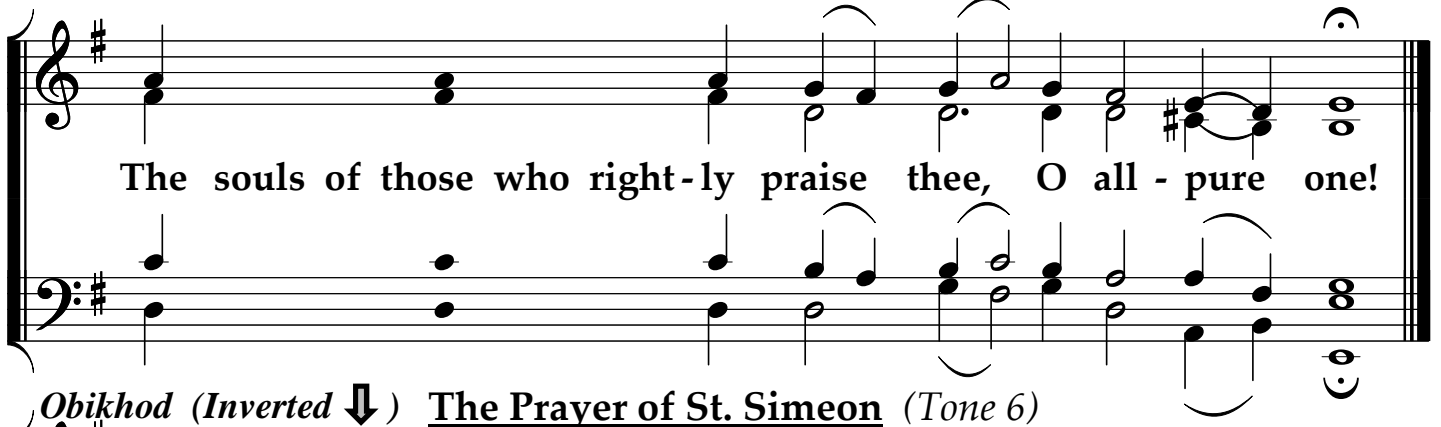
Now and ever and un - to a - ges of a - ges. A - men.

The angelic hosts glo - ri - fy thee, O Mo - ther of God!

For thou gav - est birth to God! Co - eternal with the Father and

the Spi - rit, Who created out of noth - ing the an - gel - ic hosts!

Be - seech Him to deliver from corruption and to en - ligh - ten, //

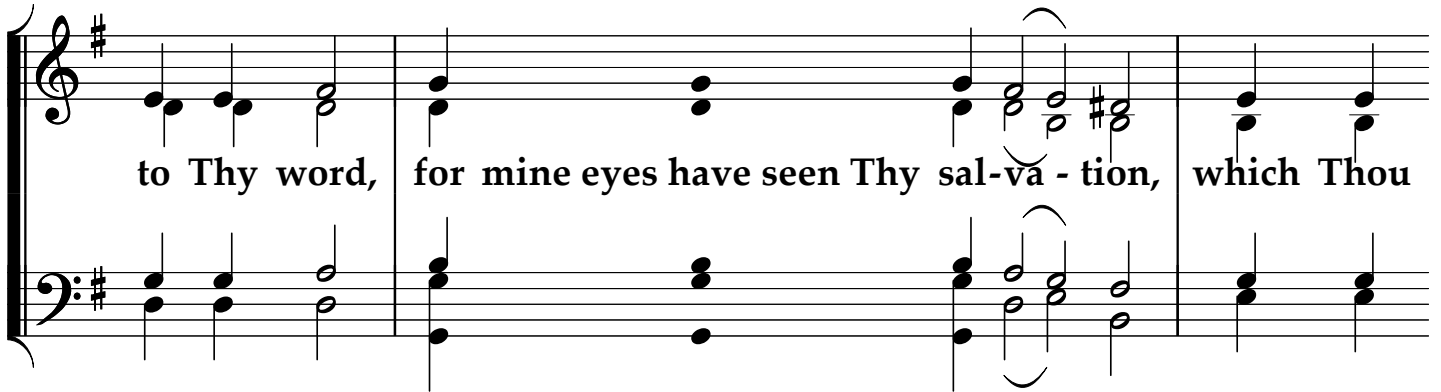


The souls of those who right-ly praise thee, O all - pure one!

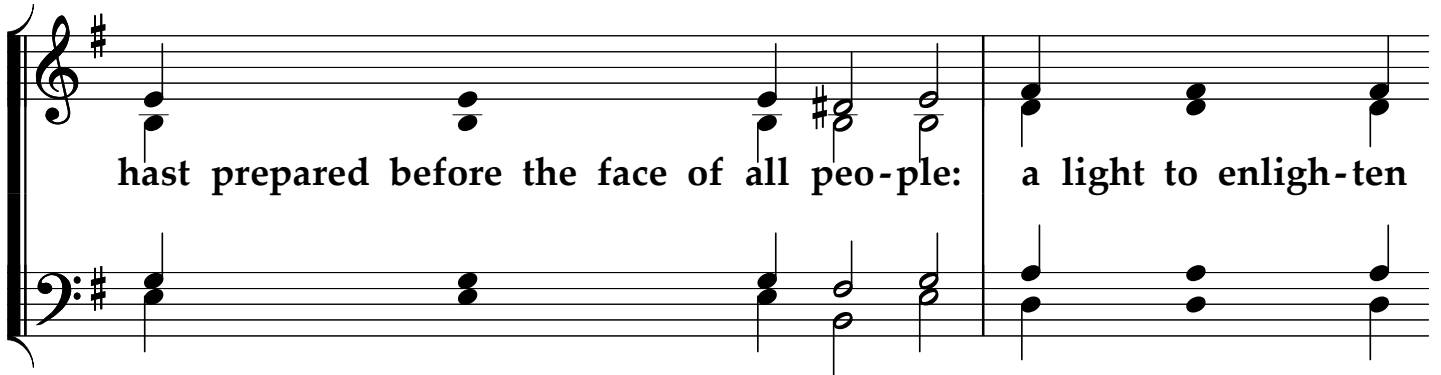
*Obikhod (Inverted ↓)* The Prayer of St. Simeon (Tone 6)



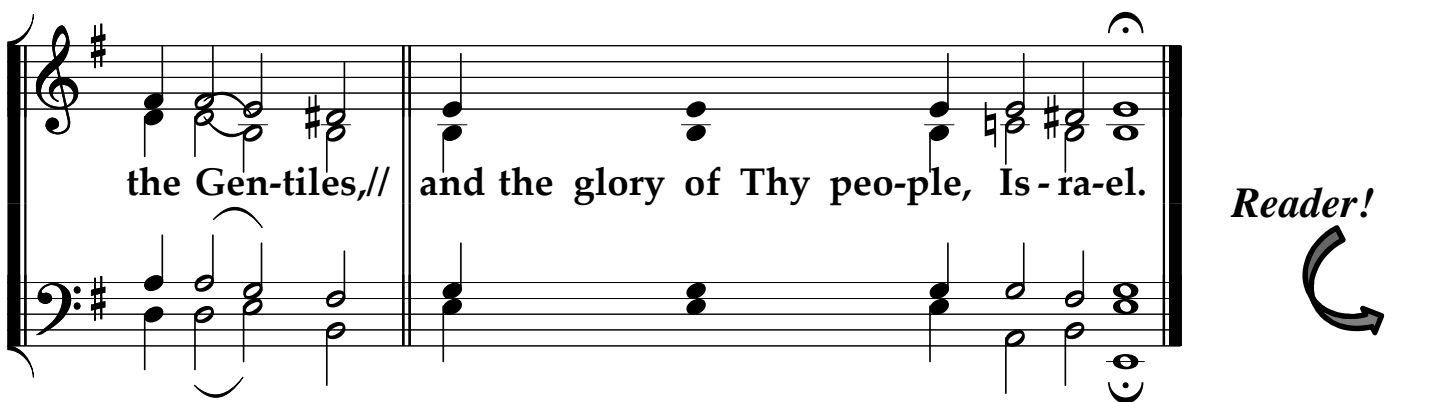
Lord, now lettest Thou Thy servant de-part in peace, ac-cor-ding



to Thy word, for mine eyes have seen Thy sal-va - tion, which Thou



hast prepared before the face of all peo-ple: a light to enligh-ten



the Gen-tiles, // and the glory of Thy peo-ple, Is-ra-el.

Reader!





# GOD IS WITH US

A. Ritchey

God is with us! Un - der - stand all ye na - tions

and sub - mit your - selves, for God is with us!

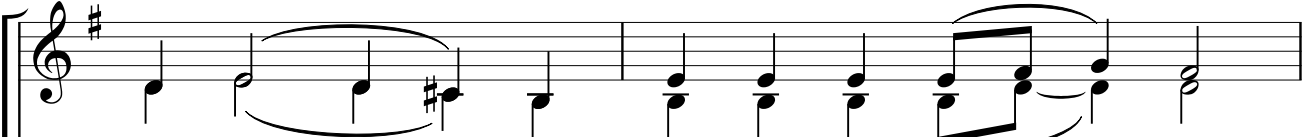
1. Hear this, all you ends of the earth!
2. Submit yourselves, you mighty ones!
3. Even if your strength returns, you shall be overthrown once more!
4. Take counsel together, if you wish, but it will come to nothing!
5. Make your plans, if you wish, but they will never stand, even among yourselves!
6. We do not fear your threats, nor are we troubled!
7. For the Lord our God is holy, and Him will we fear!
8. If I trust in Him, He will be my sanctification!
9. I will wait for Him; He will save me!
10. Behold, I and the children whom God has given me are signs and portents in Israel from the Lord of Hosts!
11. The people who walked in darkness have seen a great Light!
12. To those who dwell in the land of the shadow of death, a Light is risen!
13. For unto us a Child is born; unto us a Son is given!
14. And the government shall be upon His shoulder!
15. And of His peace there shall be no end!
16. And His Name shall be called the Angel of Great Counsel!
17. Wonderful, Counselor!
18. Mighty God, Eternal Ruler, Prince of Peace!
19. The Father of the World to Come!
20. Glory to the Father, and to the Son, and to the Holy Spirit!
21. Now and ever, and unto ages of ages. Amen!

# The Great Canon of St. Andrew

Heirmos 1  
Tone 6

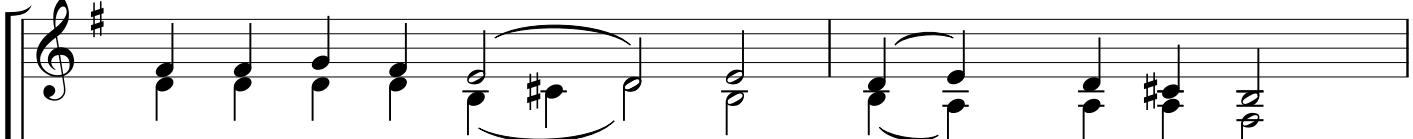

Znamenny Chant  
arr. from A. Archangel'sky

Soprano  
Alto

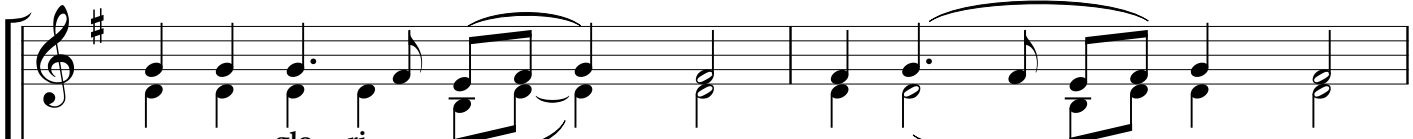



A help - - - er and a pro - tec - - - tor:



Tenor  
Bass




He is my sal - va - - - tion. He is my God; —




I will glo - ri - fy Him; my fath - - - ers' — God,



I will ex - alt Him; for great - ly has He been



glo - ri - fied.



# The Great Canon of St. Andrew

Heirmos 2 (Sung on Monday, Tuesday, Wednesday)  
Tone 6

Znamenny Chant  
arr. from A. Archangel'sky

Soprano  
Alto

At - tend, O hea - - - vens, and I shall speak

Tenor  
Bass

Detailed description: This system contains the first two staves of the musical score. The top staff is for Soprano and Alto, and the bottom staff is for Tenor and Bass. Both staves are in the key of D major (one sharp) and 8/8 time. The lyrics are: "At - tend, O hea - - - vens, and I shall speak". The music features a mix of quarter and eighth notes, with some notes beamed together. There are fermatas over the notes for "heaven" and "I".

and sing in praise of Christ, Who from a Vir - gin

Detailed description: This system contains the next two staves of the musical score. The lyrics are: "and sing in praise of Christ, Who from a Vir - gin". The musical notation continues with similar rhythmic patterns and includes a fermata over the word "praise".

came to us in the flesh.

Detailed description: This system contains the final two staves of the musical score. The lyrics are: "came to us in the flesh.". The music concludes with a final cadence, including a fermata over the word "flesh".

# The Great Canon of St. Andrew

Heirmos 2 (Sung on Thursday)

Tone 6

Znamenny Chant

arr. from A. Archangel'sky

Soprano  
Alto

Tenor  
Bass

See, now see that I a - lone am God,

Detailed description: This block contains the first line of the musical score. It features two vocal staves (Soprano and Alto) and two piano accompaniment staves (Tenor and Bass). The key signature is one sharp (F#). The lyrics are: "See, now see that I a - lone am God,". The vocal lines are primarily composed of quarter and eighth notes, with some rests. The piano accompaniment consists of block chords and simple rhythmic patterns.

who for my people in the wild - er - ness made man - na

Detailed description: This block contains the second line of the musical score. It continues the vocal and piano parts from the first line. The lyrics are: "who for my people in the wild - er - ness made man - na". The musical notation follows the same structure as the first line, with vocal staves and piano accompaniment.

fall like rain and wa - ter flow from a rock

Detailed description: This block contains the third line of the musical score. The lyrics are: "fall like rain and wa - ter flow from a rock". The vocal lines show more melodic movement with eighth and sixteenth notes. The piano accompaniment includes some sixteenth-note patterns.

by my right hand and in my strength.

Detailed description: This block contains the fourth and final line of the musical score. The lyrics are: "by my right hand and in my strength.". The piece concludes with a final cadence on the piano accompaniment staves, marked with a double bar line and repeat sign.

# The Great Canon of St. Andrew

Heirmos 3  
Tone 6

Znamenny Chant  
arr. from A. Archangel'sky

Soprano  
Alto



Tenor  
Bass



On the un-shak - en rock of Thy com-mand - ments, O Christ,



es - tab - lish my wan - - d'ring — mind.





# The Great Canon of St. Andrew


Heirmos 3 (Sung on Tuesday, Thursday)

Tone 6

Znamenny Chant


arr. from A. Archangel'sky

Soprano  
Alto

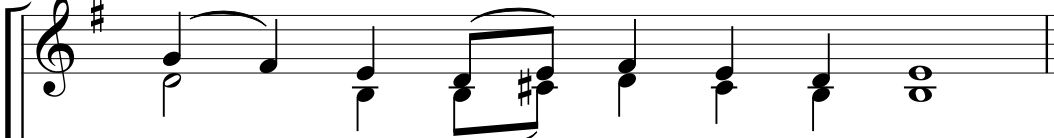


On the rock of Thy com - mand - ments, O Lord,


Tenor  
Bass



strength - en my wav - - - 'ring heart, for Thou a -



lone art ho - ly and the Lord.



# The Great Canon of St. Andrew

Herimos 4  
Tone 6

Znamenny Chant  
arr. from A. Archangel'sky

Soprano  
Alto

The proph - et heard of Thy com - ing and was a -

Tenor  
Bass

Detailed description: This system shows the first line of the musical score. It features two vocal staves: Soprano (treble clef) and Alto (treble clef) at the top, and Tenor (bass clef) and Bass (bass clef) at the bottom. The key signature is one sharp (F#). The lyrics are: "The proph - et heard of Thy com - ing and was a -". The music consists of a series of chords and single notes, with some notes beamed together.

fraid, O Lord; how Thou wast to be born of a Vir - gin

Detailed description: This system shows the second line of the musical score. The lyrics are: "fraid, O Lord; how Thou wast to be born of a Vir - gin". The musical notation continues with similar chordal and melodic patterns as the first system.

and re - vealed to men; and he cried out: I have

Detailed description: This system shows the third line of the musical score. The lyrics are: "and re - vealed to men; and he cried out: I have". The musical notation continues with similar chordal and melodic patterns.

heard the re - port of Thee, and I was a - fraid.

Detailed description: This system shows the fourth line of the musical score. The lyrics are: "heard the re - port of Thee, and I was a - fraid.". The musical notation continues with similar chordal and melodic patterns.

Glo - ry to Thy strength, O Lord!

Detailed description: This system shows the fifth and final line of the musical score. The lyrics are: "Glo - ry to Thy strength, O Lord!". The system concludes with a double bar line and a fermata over the final notes. The bass staff ends with a large number '8' below the staff.

# The Great Canon of St. Andrew

Herimos 5  
Tone 6

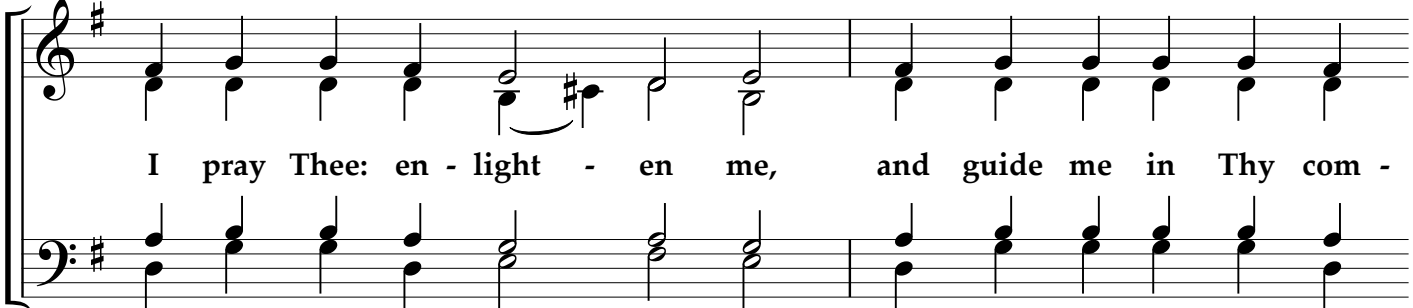
Znamenny Chant  
arr. from A. Archangel'sky

Soprano  
Alto



Keep-ing vig - il through the night, O Lov - er of man-kind,

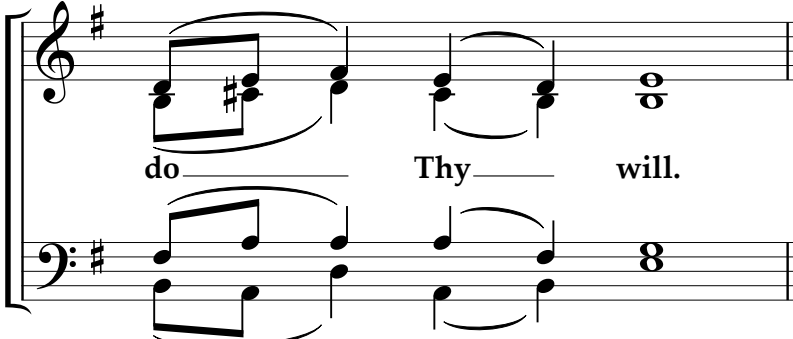
Tenor  
Bass



I pray Thee: en - light - en me, and guide me in Thy com -



mand - ments, and teach me, O Sav - ior, al - ways to



do Thy will.

# The Great Canon of St. Andrew

Herimos 6  
Tone 6

Znamenny Chant  
arr. from A. Archangel'sky

Soprano  
Alto

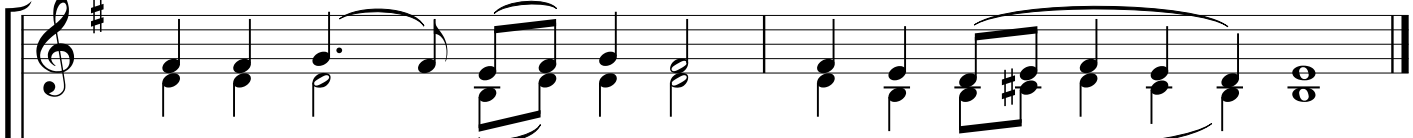


From the depths — of hell I cried with all — my heart

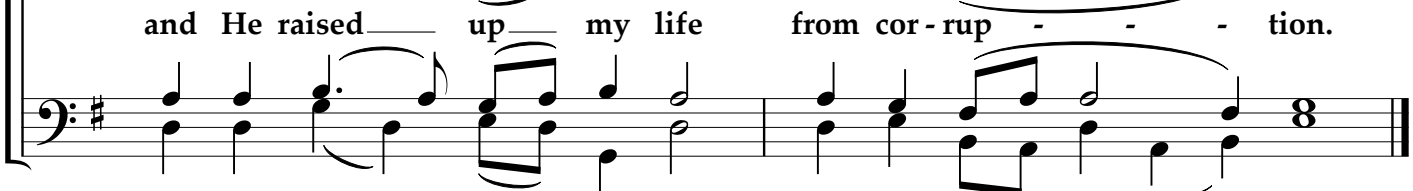
Tenor  
Bass



to the mer - ci - ful God, and He heard — me,



and He raised — up — my life from cor - rup - - - tion.



# The Great Canon of St. Andrew

Herimos 7  
Tone 6

Znamenny Chant  
arr. from A. Archangel'sky

Soprano  
Alto

Tenor  
Bass

We have sinned, we have trans - gressed, we have done ev - il

Detailed description: This system shows the first line of the musical score. It features two vocal staves (Soprano and Alto) and two piano accompaniment staves (Tenor and Bass). The key signature is one sharp (F#). The vocal parts consist of a single melodic line with lyrics. The piano accompaniment consists of a single bass line with chords. The lyrics are: "We have sinned, we have trans - gressed, we have done ev - il".

in Thy sight. We have not kept or fol - lowed Thy com -

Detailed description: This system shows the second line of the musical score. It continues the vocal and piano parts from the first system. The lyrics are: "in Thy sight. We have not kept or fol - lowed Thy com -".

mand - ments. But do not re - ject us ut - ter - ly,

Detailed description: This system shows the third line of the musical score. It continues the vocal and piano parts. The lyrics are: "mand - ments. But do not re - ject us ut - ter - ly,".

O God of our fath - - - - ers.

8


Detailed description: This system shows the fourth and final line of the musical score. It concludes the vocal and piano parts. The lyrics are: "O God of our fath - - - - ers." The system ends with a double bar line and the number "8" in the bass staff.

# The Great Canon of St. Andrew

Herimos 8  
Tone 6

Znamenny Chant  
arr. from A. Archangel'sky

Soprano  
Alto

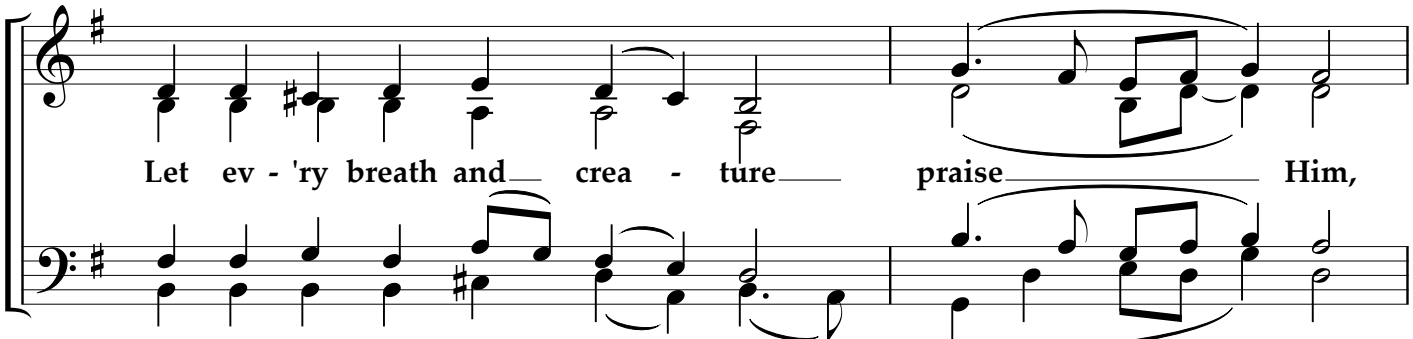


Tenor  
Bass

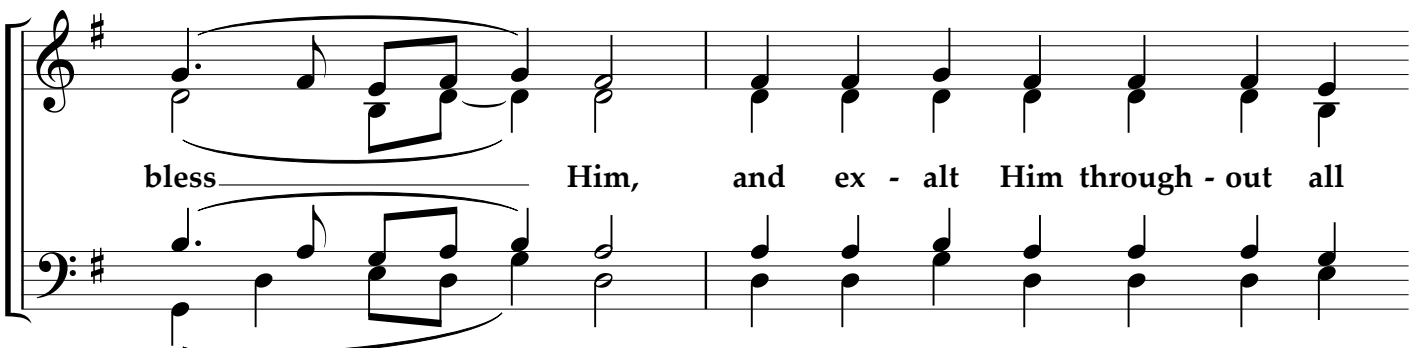
The hosts of hea - - - ven to Him give glo - - ry.



The che - ru - bim and ser - a - phim be - fore Him stand — in awe.



Let ev - 'ry breath and crea - ture — praise Him,



bles — Him, and ex - alt Him through - out all



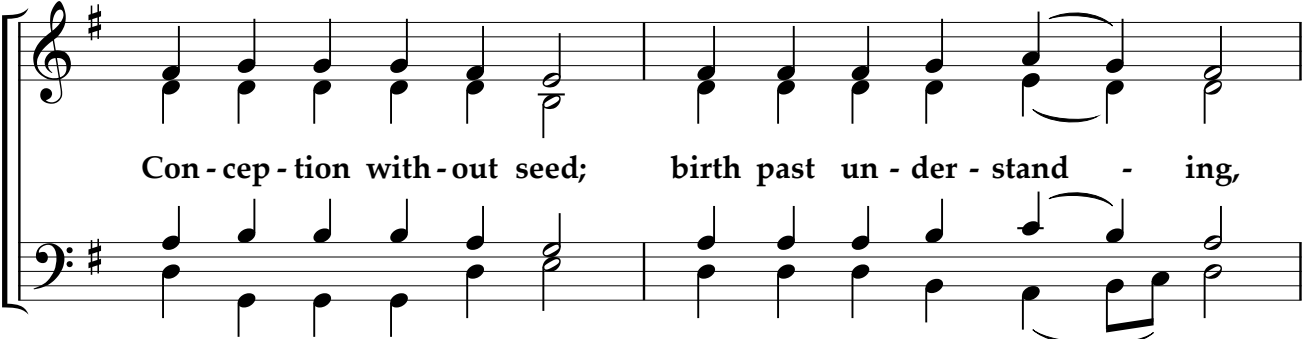
ag - - - es.

# The Great Canon of St. Andrew

Herimos 9  
Tone 6

Znamenny Chant  
arr. from A. Archangel'sky

Soprano  
Alto




Con - cep - tion with - out seed; birth past un - der - stand - ing,

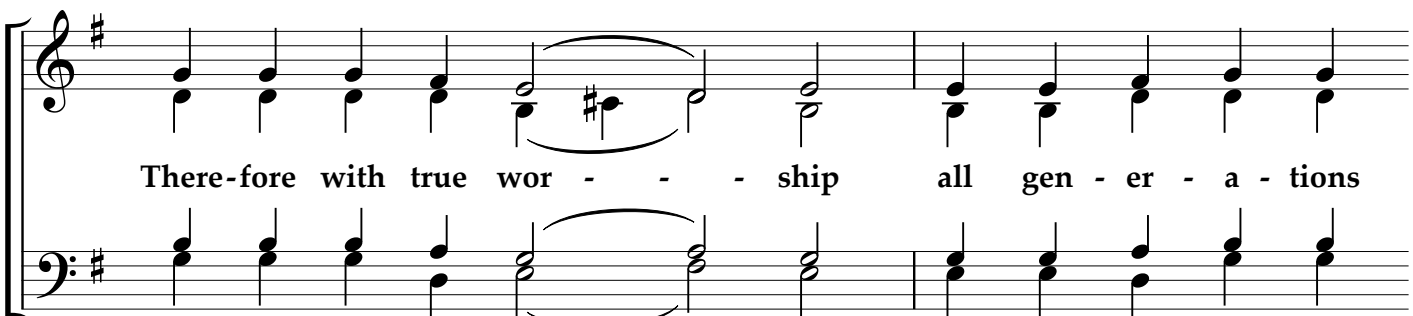
Tenor  
Bass



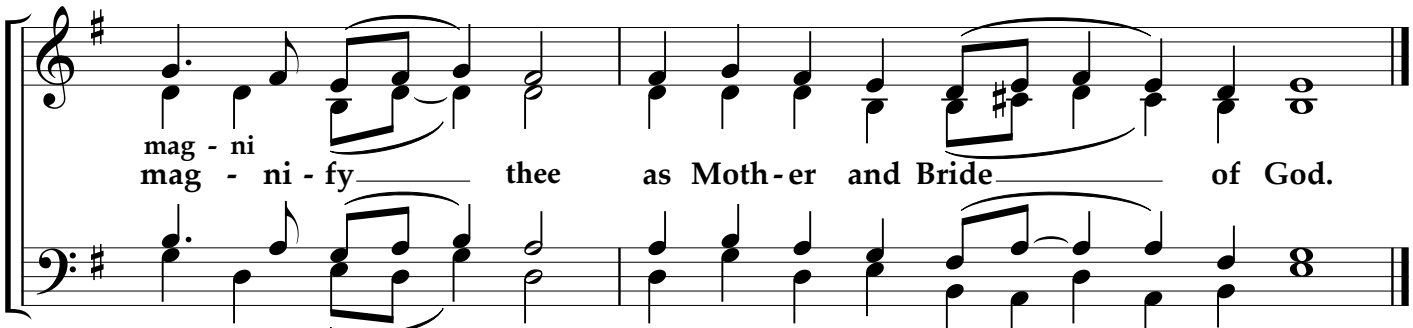
from a moth - er who ne - ver knew — a man; child - bear - ing



un - de - filed. For na - ture is re - newed by the birth of God.



There - fore with true wor - - - ship all gen - er - a - tions



mag - ni  
mag - ni - fy thee as Moth - er and Bride of God.

# LET MY PRAYER ARISE

M.A. Golitzin

1

Let my prayer a-rise, my prayer a - rise in Thy

sight as in - cense, and let the lift-ing up of

2

my hands be an eve-ning sac - ri - fice! Lord, I

call up-on Thee, hear me! Re - ceive the voice

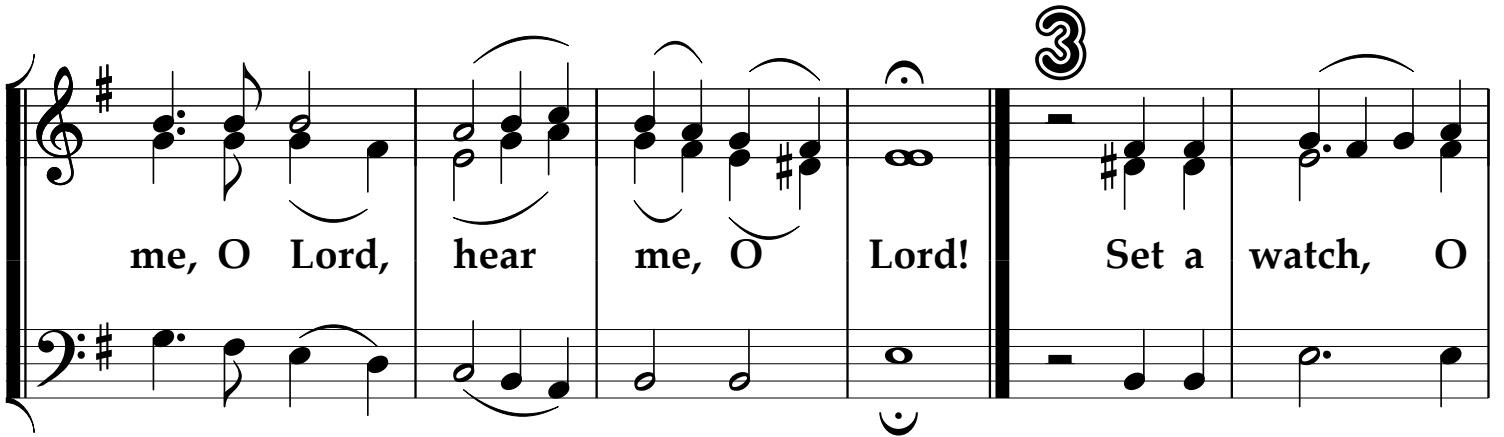




FC | RC  
NF | KA



of my prayer when I call up-on Thee, hear



me, O Lord, hear me, O Lord! Set a watch, O



Lord, be - fore my mouth, set a watch, O Lord, be -



- fore my mouth, and a door of en - clo-sure, a door of en -



4

- clo - sure a - bout my lips! In - cline not my

heart to words of wick - ed - ness, in - cline not my heart to

words of wick - ed - ness, to con - trive ex - cus - es for

sins, to con - trive ex - cus - es for sins!

*Verse #1 is then sung again as the 5<sup>th</sup> and Final Verse, with the singers kneeling.*



# "Let My Prayer Arise" REFRAIN - Kievan Obikhod

Let my prayer a-rise in Thy sight as in- - cense,

and let the lift - ing up of my hands//

be an eve-ning sac - ri-fice.

# Lenten Litany of the Catechumens and the Faithful

Archangelsky

1 Lord, have mer - cy. 2 Lord, have mer - cy.

To Thee, O Lord. A - men.

1 Lord, have mer - cy. 2 Lord, have mer - cy. A - men.

A - men.

# ✠ NOW THE POWERS OF HEAVEN ✠

after S. Zaitov (arr. A. Ritchey)

1

Now the Pow - ers of Heav - en In - vi - si - bly with us,

2

in - vi - si - bly with us, do serve. Lo, the King of Glo - ry en - ters!

3

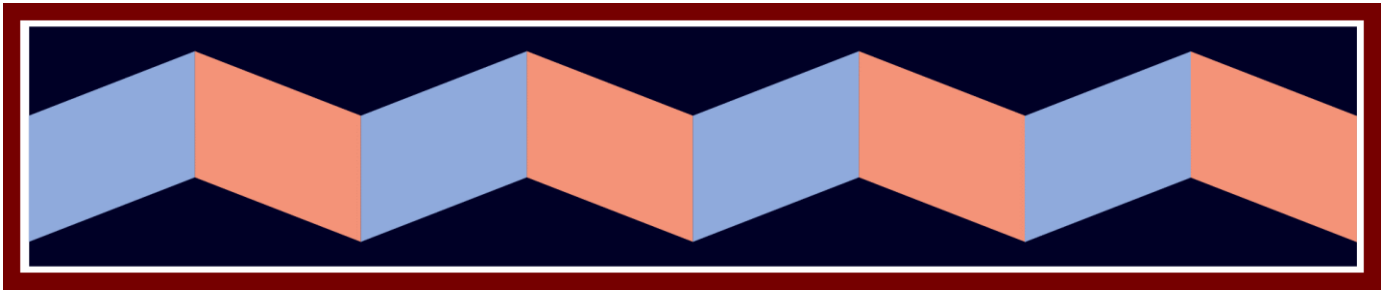
Lo, the My - sti - cal Sac - ri - fice is up - borne, ful - filled.

*After the Entrance:*

Let us draw near in faith and love, and be - come com - mun -

- i - cants of Life E-ter-nal! Al-le - lu - i-a, Al-le - lu-i-a,

Al- - le-lu-i- a.



# TASTE AND SEE – BYZANTINE CHANT TONE 1

*Freely*

*No Ison* D↑

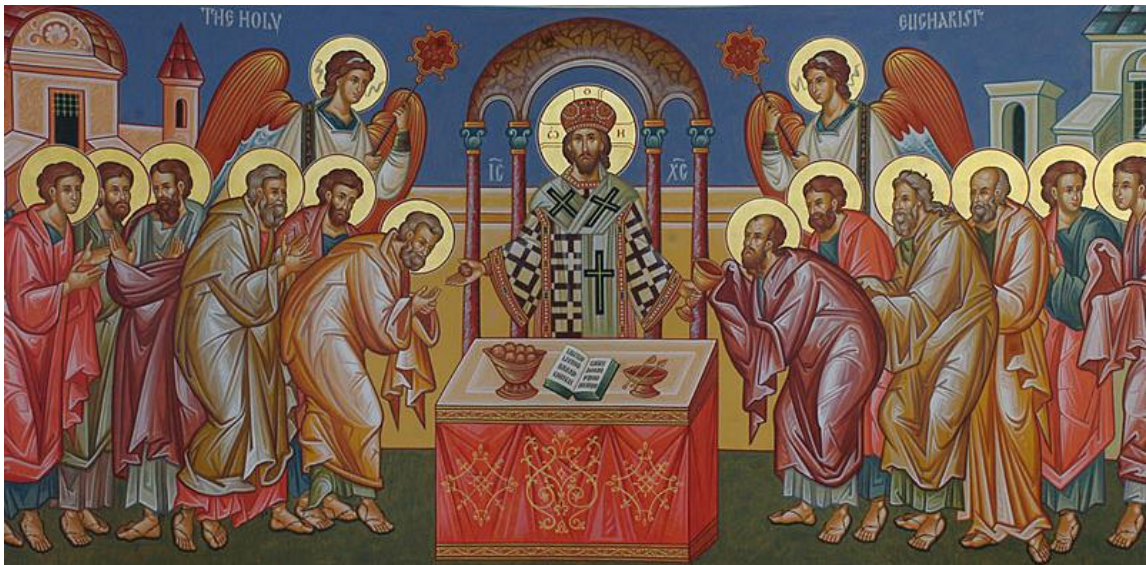
Taste and see that the Lord, that the Lord is Good!

D↓

Taste and see that the Lord, that the Lord is Good!

Un. D C D

Taste and see that the Lord, that the Lord is Good!







*O Taste and See - after G. Lvovsky - pg. 2*

11

and see that the Lord  
and see that the Lord, that the Lord  
and see that the Lord, that the Lord  
and see the Lord, that the Lord

15

is good! O taste and see  
is good, is good! O taste and see  
is good, is good! O taste and see  
is good! O taste and see

20

that the Lord is good!

that the Lord, that the Lord is good,

that the Lord, that the Lord is good,

that the Lord, that the Lord is good!

24

**~Alleluia~**

Al - le - lu - ia, Al - le - lu-

is good! Al - le - lu - ia, Al - le - lu-

is good! Al - le - lu - ia, Al - le - lu-

Al - le - lu - ia, Al - le - lu-

*O Taste and See - after G. Lvovsky - pg. 4*

29

Musical score for measures 29-32, featuring four staves. The lyrics are: - ia, Al- - le - lu- (top staff); - ia, Al- - le-lu- (second staff); - ia, Al- - le-lu- (third staff, with an '8' below the first measure); - ia, Al- - le - lu- (bottom staff).

33

Musical score for measures 33-36, featuring four staves. The lyrics are: - ia. (top staff); - ia. (second staff); - ia. (third staff, with an '8' below the first measure); - ia. (bottom staff). The score concludes with a double bar line and repeat signs.

# Let My Prayer Arise - Trio

D. Bortiansky No. 1

1

8 Let my prayer a-rise, my prayer a - rise, my prayer a-

8 Let my prayer a-rise, my prayer, prayer a-

8 rise in Thy sight as in-cense. And let the

8 rise in Thy sight as in-cense. And let the

in Thy

8 lift-ing up, the lift - ing up of my hands be an

8 lift-ing up, the lift - ing up of my hands be an

the lift-ing

8 eve - ning sac - ri - fice.

8 eve - ning sac - ri - fice.

**REFRAIN**

2

Lord, I call up-on Thee,

Lord, I

8 hear me, O Lord! Re - ceive the voice, the

8 call up - on Thee, Re - ceive the voice, the

re - ceive the voice

8 voice of my prayer when I call on Thee,

8 voice of my prayer when I call up - on

8 hear me, O Lord, hear me, O Lord!

8 Thee, hear me, O Lord, hear me, O Lord!

**REFRAIN**

3

Set a

Set a

8 watch, O Lord, be fore my mouth, set a watch, O

8 Lord, be fore my mouth, and a door of en-clo-sure, a

8 door of en-clo-sure a bout my lips!

**REFRAIN**

4 In-cine

8 not my heart to words of wick-ed-ness,

8 in-cline not my heart to wick-ed-ness, to con-

8 in-cline not my heart to wick-ed-ness, to con-

not to words of wick-ed-ness to con-

8- trive ex-cus-es for sins, to con-trive ex-cus-es for

8- trive ex-cus-es for sins, to con-trive ex-cus-es for

- trive

8 sins, ex-cu-ses for sins!

8 sins, ex-cus-es for sins!

*The final refrain is sung, after which verse No. 1 is repeated on bended knees by the trio.*

# LET MY PRAYER ARISE - REFRAIN

D. Bortiansky #1

*p*

Let my prayer a-rise, my prayer a-rise in Thy sight

*cresc.*

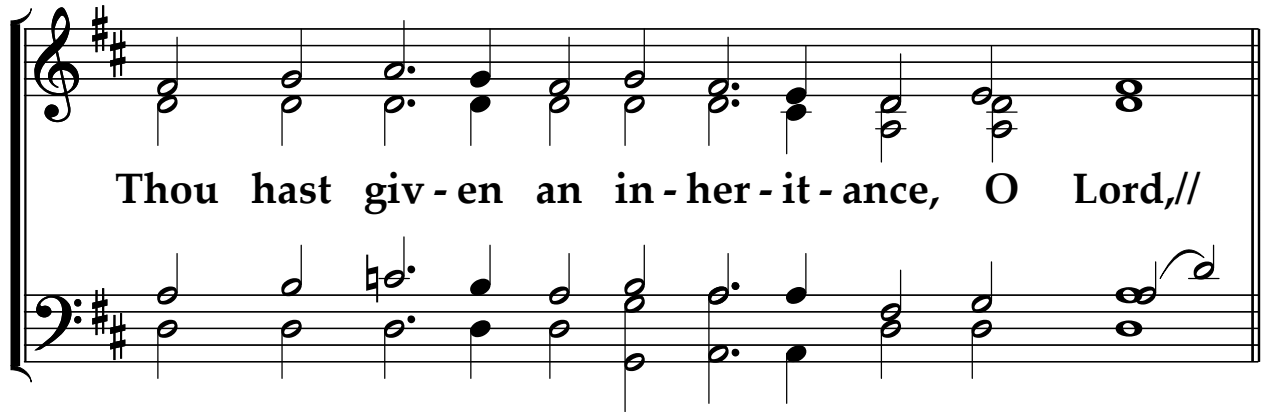
as in-cense. And let the lif-ting up of my hands be an

eve-ning sa - cri - fice.



# The 2nd Great Prokeimenon of the Lenten Season

## *Tone 8 - Lesser Znamenny Chant*



Thou hast giv - en an in - her - it - ance, O Lord, //



to them that fear Thy name!

- v1. From the ends of the earth I cried unto Thee!
- v2. I will take refuge under the shadow of Thy wings!
- v3. So I will sing praises to Thy name forever!

**Reader:**

**Holy God, Holy Mighty, Holy Immortal, have mercy on us! (3 times)  
Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.**

**O most-holy Trinity, have mercy on us. O Lord, cleanse us from our  
sins. O Master, pardon our transgressions. O Holy One, visit and heal  
our infirmities, for Thy name's sake.**

**Lord, have mercy. (3 times)**

**Glory to the Father, and to the Son, and to the Holy Spirit, now and  
ever and unto ages of ages. Amen.**

**Our Father, Who art in heaven, hallowed be Thy name. Thy  
Kingdom come. Thy will be done, on earth as it is in heaven.  
Give us this day our daily bread, and forgive us our debts, as we  
forgive our debtors, and lead us not into temptation, but deliver  
us from the evil one.**

*Priest:* For Thine is the Kingdom, and the power, and the glory of the  
Father, and of the Son, and of the Holy Spirit, now and ever and  
unto ages of ages.

## The Lenten Troparia

*prayerfully* A. Arkhangelsky

A-MEN. RE-JOICE, O VIR-GIN THEOTOKOS! MARY, FULL OF  
GRACE THE LORD IS WITH THEE; BLES-SED ART THOU A-MONG

WO-MEN AND BLESSED IS THE FRUIT OF THY WOMB.// FOR

THOU HAST BORNE THE SAV-IOR OF OUR SOULS. PROSTRATION

GLO-RY TO THE FATHER, AND TO THE SON, AND TO THE

HO-LY SPI-RIT. O BAP-TI-ZER OF CHRIST RE-MEM-BER US ALL,

THAT WE MAY BE DE-LIV-ERED FROM OUR IN-I-QUI-TIES;// FOR

TO THEE IS GIVEN GRACE TO IN-TER-CEDE FOR US.

PROST -  
RÄTION

NOW AND EV-ER AND UNTO AGES OF A-GES. A-MEN. IN-TER-

- CEDE FOR US O HOLY A-POST-LES AND ALL THE SAINTS, THAT

WE MAY BE DE-LI-VERED FROM PERILS AND SOR-ROWS;// FOR

WE HAVE AC-QUIRED YOU AS FERVANT INTERCESSORS BE-

“before the Savior.”

- FORE THE SAV - IOR.

PROSTRATION

*Then, slowly; with compunction:*

BE - NEATH THY COM - PAS - SION WE TAKE REFUGE O THE - O - TO -

- KOS. DO NOT DES - PISE OUR SUPPLICATIONS IN AD - VER - SI - TY, //

BUT DELIVER US FROM PER - ILS O ON - LY PURE AND

ON - LY BLES - SED ONE.

*(Optional Prostration)*

*Reader!* ↪



~ #3 ~

# All of Creation Rejoices

Troparion Tone 8  
Russian "Greek" Chant  
arr. P. Turchaninov

All of cre-a- - tion re - joic - es in

thee, O Full of Grace: the as - sem - bly of An - gels and

the race of men! O sanc - ti - fied tem - - ple

and spir - i - tual par - a - dise, the glo - - ry of vir - gins,

from whom God was in-car - nate and be - came a Child,

our God be - fore the ag - es!

He made thy bod - y in-to a throne, and thy

womb He made more spa - cious than the Heav - ens!

The musical score is written for voice and piano. It consists of two systems of music. The first system has a treble clef on the top staff and a bass clef on the bottom staff. The lyrics are: "All of cre - a - tion re - joic - es". The second system also has a treble clef on the top staff and a bass clef on the bottom staff. The lyrics are: "in thee, O Full of Grace:// glo - ry to thee!". The music features a mix of chords and melodic lines, with some notes beamed together and some held over from the previous measure. The key signature has one flat (B-flat).





O Pure One, who wast the Royal Garment of the Incarnate Word, by thy mediations and sure intercessions with God, do thou robe me in the garment of Divine Grace, /// yea, in that same God-woven garment which I have lost!

# THE AKATHIST CANON

## IRMOS I

Tone 4 - Solovki Monastery Chant  
arr. Dcn. S. Trubachev

I shall o-pen my mouth, and the Spir-it will in-spire it, and I shall ut-  
 - ter the words of my song to the Queen and Moth-er: I shall be seen  
 ra-diant-ly keep-ing feast// and joy-f'lly prais-ing her won- - ders!

**REFRAIN:**

Most Ho-ly The-o-to-kos, save us!

As once the fair countenance of Moses, who spake with the Most High face to Face, was glorified with the brilliant Light, thus did thy face, O Symeon, shine like the sun with Godly Light, /// for thou didst dwell in God's Holy Place!

**REFRAIN:**

O ven'erable Fa-ther Sy-me-on, pray un-to God for us!

The musical notation consists of a two-staff system in G major (one sharp). The treble clef staff contains a series of chords and dyads, while the bass clef staff contains a simple bass line. The lyrics are written below the treble staff.

Thy writings, O Symeon our Father, have come to us in these last times, as though they were a ladder which doth lead us from the things of earth unto the things of Paradise! /// They are a bell rousing us from sleep!

Most Ho-ly The-o-to-kos, save us!

The musical notation consists of a two-staff system in G major. The treble clef staff contains a series of chords and dyads, while the bass clef staff contains a simple bass line. The lyrics are written below the treble staff.

*Theotokion:*

A World in the world in small didst thou prove to be, O Virgin, great Daughter of the Lord Who hath established all the world and fashioned it from what was not! /// For He Whom all the world could not contain was wholly contained in thee!

**AKATHIST CANON - IRMOS 3**

*Tone 4 - Solovki Monastery Chant  
arr. Dcn. S. Trubachev*

O The-o-to-kos, thou liv-ing and plen-ti-ful fount,

The musical notation consists of a two-staff system in G major. The treble clef staff contains a series of chords and dyads, while the bass clef staff contains a simple bass line. The lyrics are written below the treble staff.



give strength to those u - nit - ed in spir - i - tual fel - low - ship,

who sing hymns of praise to thee: and in thy di - vine glo - ry// vouch -

- safe un - to them crowns of glo - ry!

**REFRAIN:**

Most Ho - ly The - o - to - kos, save us!

**3.1**

From Thee, the Field untilled, has grown the divine Ear of corn! Rejoice, O living Table that has held the Bread of Life! /// Rejoice, O Lady, never-failing Spring of The Living Water!

**REFRAIN**

**READER!**

Any tongue which taketh pride in vain rhetorical expertise is in no wise able to extol the gifts which thou wast vouchsafed, those gifts which Heaven bestowed on thee abundantly /// and which wholly surpass human thought, O wise Symeon!

**REFRAIN:**

O ven'erable Fa-ther Sy-me-on, pray un-to God for us!

The musical notation consists of a two-staff system in G major (one sharp). The upper staff is in treble clef and the lower staff is in bass clef. The melody is primarily composed of chords, with some moving lines in the bass. The lyrics are written below the notes. The piece ends with a fermata over the final chord.

Righteous Symeon our Father, whom the Lord rightly glorified, thou didst reach that summit which men of all times have found hard to reach: Namely, to transport thy mind from earth to Heaven's heights and by Grace to be deified! /// O tidings strange to hear!

Most Ho-ly The-o-to-kos, save us!

The musical notation consists of a two-staff system in G major. The upper staff is in treble clef and the lower staff is in bass clef. The melody is primarily composed of chords, with some moving lines in the bass. The lyrics are written below the notes. The piece ends with a fermata over the final chord.

*Theotokion:*

As thou didst foretell, O Lady, thou Immaculate Bride of God, all generations call thee Blesséd, since thou hast given birth unto the Blesséd God, Who with Deifying Grace /// hath made mortal men and holy Angels supremely blest!

**IRMOS IV**

*Tone 4 - Solovki Monastery Chant  
arr. Dcn. S. Trubachev*

He Who sits in glo - ry up-on the throne of the God - head, Je-

The musical notation consists of a two-staff system in G major. The upper staff is in treble clef and the lower staff is in bass clef. The melody is primarily composed of chords, with some moving lines in the bass. The lyrics are written below the notes. The piece ends with a fermata over the final chord.

“...-sus the True God,...”

- sus the True God, is come in a swift cloud and with His sin-less Hand

He has saved those who cry:// Glo-ry to Thy pow-er, O Christ!

**REFRAIN:**

Most Ho-ly The-o-to-kos, save us!

**4.1**

With voices of song in faith we cry aloud to thee, O Virgin worthy of all praise: Rejoice, O rich Mountain flowing with the milk of the Spirit! /// Rejoice, O Candlestick and Vessel of Manna, sweet to the taste of the Godly!

**4.2**

**REFRAIN**

Rejoice, O Mercy-seat of the world, O Lady undefiled! Rejoice, O Ladder raising all men from the earth by grace! Rejoice, O Bridge that in very truth has brought from death to life /// all those who sing thy praises!

**4.3**

**REFRAIN**

Rejoice, O Undefiled, higher than the Heavens, who without birth-pangs hast held within thy womb the Foundation of the earth! Rejoice, O Seashell that with thy blood /// hast dyed a robe of divine purple for the Lord of Hosts!

**CHOIR, "Glory...!"**

*Theotokion:*

O Radiant Mother Who alone didst bear the Primal Light, make my dark soul brilliant with Thy pure light, that I again may behold that Radiance and thereby may also gaze on thee who hast thus illumined us, /// for such is Light's true property!

**IRMOS V**

*Tone 4 - Solovki Monastery Chant  
arr. Dcn. S. Trubachev*

The whole world was amazed at thy di-vine glo-ry: for thou,  
O Vir-gin who hast not known wed-lock, hast held  
in thy womb the God of all and hast giv-en birth to an e-ter-nal Son,  
Who re-wards with sal-va-tion// all who sing thy prais-es!

**CHOIR, GO!**

Who re-wards with sal-va - tion// all who sing thy prais- - es!

*Note: we now begin to use the 2 Four-Canticle Canons of the Lenten Triodion; the Canon to the Patron Saint is omitted (both in parish use and otherwise). We chant the Akathist Canon to the Theotokos first, followed by the 2 aforementioned Four-Canticle Canons from the Lenten Triodion.*

## THE AKATHIST CANON - ODE VI

IRMOS VI

*Tone 4 - Solovki Monastery Chant  
arr. Dcn. S. Trubachev*

As we cel-e-brate this sa-cred and sol-emn feast of the Moth-er of God,

let us come, clap - ping our hands, O peo - ple of the Lord,//

and give glo - ry to God Who was born of her!

**REFRAIN!**







# KATAVASIA - Ode VII

Canon Tone 5 - Znamenny Chant  
arr. B. Ledkovsky

*slightly slower*

Bless-ed art Thou, O God, Who be-hold-est the depths and sit-

- test up-on the Cher-u-bim:// for Thou art praised and glo-ri-fied

a - bove all!

# Ode VIII

IRMOS VIII

Tone 4 - Solovki Monastery Chant - arr. Dcn. S. Trubachev

The Off-spring of the The-o - to - kos

saved the ho - ly chil - dren in the fur - nace! He

"...Who was then prefigured"

Who was then pre-fig- - ured has since been born on earth,

and He gath - ers all cre - a - tion to sing: O all ye works of

the Lord, praise ye the Lord// and ex-alt Him a-bove all for-ev - er!

**REFRAIN:**

Most Ho-ly The-o-to-kos, save us!

**8.1**

Thou hast received the Word within thy womb, and thou has carried Him Who carries all things! Thou hast fed with milk Him Who by His will alone feeds all the inhabited earth; and unto Him, O Pure Virgin, do we sing: O all ye works of the Lord, praise ye the Lord /// and exalt Him above all forever!

**REFRAIN**

**READER!** 

Let eve-ry mor-tal born on earth, ra-diant with light, in spir-it leap for

joy; and let the Hosts of the An-gel-ic Pow- - ers cel-e-brate and hon-

- or the ho-ly feast of the Moth-er of God, and let them cry:

Re-joyce! Pure and Bless-ed// Ev-er-Vir-gin The-o-to- - kos!

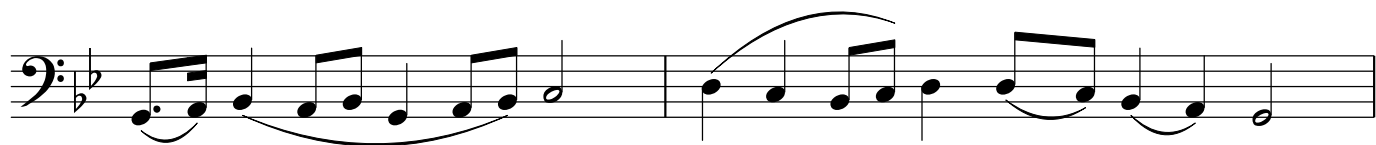
**REFRAIN:**

*Tone 4 - Solovki  
Monastery Chant  
arr. Dcn. S.  
Trubachev*

Most Ho-ly The-o-to-kos, save us!

**READER!**

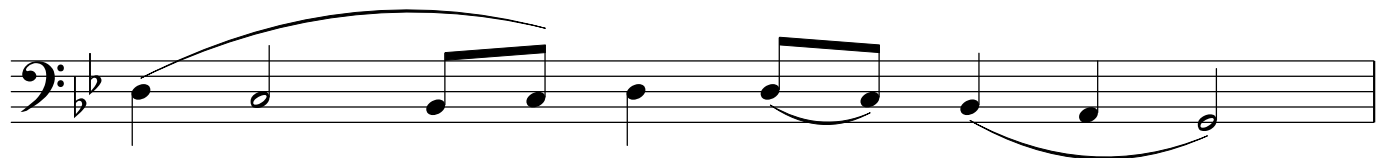




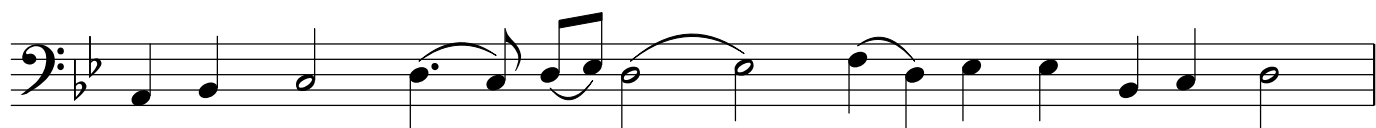
THE WISE THIEF DIDST THOU MAKE WOR - THY



OF PAR - A - DISE IN A SIN - GLE



MO - MENT, O LORD.



BY THE WOOD OF THY CROSS, IL - LU-MINE ME AS WELL,



AND SAVE ME!

# The Exapostilarion

Bulgarian Melody- H. Erickson

Thy Bri-dal Cham-ber I see a - dorned, O my Sa - vior, and I  
have no wed-ding gar - ment that I may en - ter. O Giv-er of  
Light, en - light - en the ves - ture of my soul and save me.

*Reader:* Glory to the Father, and to the Son, and to the Holy Spirit.

***Repeat "Thy Bridal Chamber"***

*Reader:* Now and ever and unto ages of ages. Amen.

***Repeat "Thy Bridal Chamber"***

And immediately the  
Reader begins the  
Praises.



# The Exaposteilarion – The Wise Thief

## Byzantine Chant

*1<sup>st</sup> time, women only:*



The wise thief didst Thou make wor - thy of Par-a-dise  
in a sin - gle mo-ment, O Lord. By the wood of Thy Cross,  
il-lu-mine me as well, // and save me!

**Reader:** Glory to the Father, and to the Son, and to the Holy Spirit.

*2<sup>nd</sup> time, women only:*



The wise thief didst Thou make wor - thy of Par-a-dise  
in a sin - gle mo-ment, O Lord. By the wood of Thy Cross,  
il-lu-mine me as well, // and save me!

**Reader:** Now and ever and unto ages of ages. Amen.



*3<sup>rd</sup> time, as before, but with men on ison:*

The wise thief didst Thou make wor - thy of Par-a-dise  
in a sin - gle mo-ment, O Lord. By the wood of Thy Cross,  
il-lu-mine me as well, // and save me!

Detailed description: This block contains three systems of musical notation. Each system consists of a vocal line (treble clef, G-clef) and an ison line (bass clef, F-clef). The key signature is one sharp (F#). The first system covers the lyrics 'The wise thief didst Thou make wor - thy of Par-a-dise'. The second system covers 'in a sin - gle mo-ment, O Lord. By the wood of Thy Cross,'. The third system covers 'il-lu-mine me as well, // and save me!'. The ison line provides a steady harmonic accompaniment to the vocal melody.

*Priest:* That we may be accounted worthy to listen to the Holy Gospel, let us pray to the Lord God!

Lord, have mer - cy! Lord, have mercy! Lord, have mer - cy!

Detailed description: This block contains a single system of musical notation for a priest's prayer. It features a vocal line (treble clef, G-clef) and an ison line (bass clef, F-clef). The key signature is one sharp (F#). The lyrics are 'Lord, have mer - cy! Lord, have mercy! Lord, have mer - cy!'. The ison line consists of a series of chords that provide a rhythmic and harmonic foundation for the prayer.

*Priest:* Wisdom! Attend! Let us listen to the Holy Gospel! Peace be unto all!

