



Priest: Blessed is our God, always, now and ever and unto ages of ages.

Reader: Amen.

Note: If the Third Hour be not preceded by any other service, the reader begins thusly:

Glory to Thee, our God, glory to Thee!

O Heavenly King, the Comforter, the Spirit of Truth, Who art everywhere present and fillest all things, Treasury of blessings and Giver of Life: Come and abide in us, and cleanse us from every impurity, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us! (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most-Holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Thy Name's sake.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors, and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom, and the Power, and the Glory of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen. + Lord, have mercy. (12 times) 

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Come, let us worship God our King. Come, let us worship and
fall down before Christ our King and our God. Come, let us
worship and fall down before Christ Himself, our King and
our God.

PSALM 16

Hearken, O Lord, unto my righteousness, attend unto my
supplication. Give ear unto my prayer, which cometh not from
deceitful lips. From before Thy face let my judgement come
forth, let mine eyes behold uprightness. Thou hast proved my heart,
Thou hast visited it in the night, Thou hast tried me by fire, and
unrighteousness was not found in me. That my mouth might not
speak of the works of men, for the sake of the words of Thy lips
have I kept the ways that are hard. Set my footsteps in Thy paths, that
my steps may not be shaken. I have cried for Thou hast
hearkened unto me, O God. Incline Thine ear unto me, and hearken
unto my words. Let Thy mercies be made wonderful, O Thou
that savest them that hope in Thee. From them that have resisted Thy
right hand, keep me, O Lord, as the apple of Thine eye. In the
shelter of Thy wings wilt Thou shelter me, from the face of the
ungodly which have oppressed me. Mine enemies have
surrounded my soul, they have enclosed themselves with their own
fat, their mouth hath spoken pride. They that cast me out have
now encircled me, they have set their eyes to look askance on the
earth. They have taken me as might a lion ready for his prey, and
as might a lion's whelp that dwelleth in hiding. Arise, O Lord,
overtake them and trip their heels; deliver my soul from ungodly
men, Thy sword from the enemies of Thy hand. O Lord, from Thy few
do Thou separate them from the earth in their life; yea, with Thy
hidden treasures hath their belly been filled. They have satisfied
themselves with swine and have left the remnants to their babes.
But as for me, in righteousness shall I appear before Thy face; /// 

I shall be filled when Thy glory is made manifest to me.

PSALM 24

Unto Thee, O Lord, have I lifted up my soul. O my God, in Thee have I trusted; let me never be put to shame, nor let mine enemies laugh me to scorn. Yea, let none that wait on Thee be put to shame; let them be ashamed which are lawless without a cause. Make Thy ways, O Lord, known unto me and teach me Thy paths. Lead me in Thy truth and teach me, for Thou art God my Savior; for on Thee have I waited all the day long. Remember Thy compassions; O Lord, and Thy mercies, for they are from everlasting. The sins of my youth and mine ignorances remember not; according to Thy mercy remember Thou me, for the sake of Thy goodness, O Lord. Good and upright is the Lord; therefore will He set a law for them that sin in the way. He will guide the meek in judgement, He will teach the meek His ways. All the ways of the Lord are mercy and truth, unto them that seek after His covenant and His testimonies. For the sake of Thy Name, O Lord, be gracious unto my sin; for it is great. Who is the man that feareth the Lord? He will set him a law in the way which He hath chosen. His soul shall dwell among good things, and his seed shall inherit the earth. The Lord is the strength of them that fear Him, and His covenant shall be manifested unto them. Mine eyes are ever toward the Lord, for He it is that will draw my feet out of the snare. Look upon me, and have mercy on me; for I am one only-begotten and poor. The afflictions of my heart are multiplied; bring me out from my necessities. Behold my lowliness and my toil, and forgive all my sins. Look upon my enemies, for they are multiplied, and with an unjust hatred they have hated me. Keep my soul and rescue me; let me not be put to shame, for I have hoped in Thee. The innocent and the upright have cleaved unto me, for I waited on Thee, O Lord. /// Redeem Israel, O God, out of all his afflictions.



PSALM 50

Have mercy on me, O God, according to Thy great mercy; and according to the multitude of Thy compassions blot out my transgression. Wash me thoroughly from mine iniquity, and cleanse me from my sin. For I know mine iniquity, and my sin is ever before me. Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged. For behold, I was conceived in iniquities, and in sins did my mother bear me. For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me. Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow. Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice. Turn Thy face away from my sins, and blot out all mine iniquities. Create in me a clean heart, O God, and put a new and right spirit within me. Cast me not away from Thy presence, and take not Thy Holy Spirit from me. Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me. Then shall I teach transgressors Thy ways, and the ungodly shall turn back unto Thee. Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness. O Lord, open Thou my lips, and my mouth shall show forth Thy praise. For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased. A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Thy good pleasure unto Sion, and let the walls of Jerusalem be builded. Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. /// Then shall they offer bullocks upon Thine altar.

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Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and unto ages of ages. Amen.



*"Alleluia." (3x)
(NEXT PAGE!)*

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (3 times)

Lord, have mercy. (3 times)

Here we chant the First Troparion, if there be two.

Glory to the Father, and to the Son, and to the Holy Spirit.

And we chant the Troparion (or the Second, if there be two).

Now and ever and unto ages of ages. Amen.

Theotokion: O Theotokos, thou art the true Vine, that hast put forth the Fruit of Life! We pray thee, O Lady, intercede together with the Apostles and all the Saints, that mercy may be granted to our souls!

[Psalm 67:19-20a]:

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Blesséd be the Lord God, blesséd be the Lord from day to day, and may the God our salvation prosper us, for He is our God, the God of salvation!

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Holy God, Holy Mighty, Holy Immortal, have mercy on us! (3x)
Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

O Most-Holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Thy Name's sake.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors, and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom, and the Power, and the Glory of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen. *Here we chant the KONTAKION of the Day.*

Note: if there be two Kontakia, the Kontakion that was chanted after the 6th Ode at Matins is chanted here.

Lord, have mercy. (40 times)

Thou, Who in every season and every hour, both in Heaven and on earth, art worshipped and glorified, O Christ our God, Who art longsuffering, most-merciful, and compassionate, Who lovest the just and showest mercy upon the sinner, Who callest all men to salvation through the promise of blessings to come: O Lord, in this hour receive our supplication and direct our lives according to Thy commandments. Sanctify our souls, hallow our bodies, correct our thoughts, cleanse our minds, deliver us from all tribulation, evil and distress. Compass us about with Thy holy Angels, that guided and guarded by their host, we may attain to the unity of the faith, and to the knowledge of Thine unapproachable glory, for Thou art blessed unto ages of ages. Amen.

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Lord, have mercy. (3 times)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, without corruption thou gavest birth to God the Word: true Theotokos, we magnify thee!

In the Name of the Lord, give the blessing, Father.

Priest: God be bountiful to us, and bless us, and show us the Light of His countenance, and be merciful unto us!

Reader: Amen.

THE PRAYER OF ST. MARDARIOS

Reader (or Priest): O God the Master, Father Almighty, O Lord Jesus Christ, the Only-Begotten Son, and Thou, O Holy Spirit, One Godhead, One Power: have mercy upon me a sinner, and according to Thy divine judgment save me, Thine unworthy servant, /// for blessed art Thou unto ages of ages. Amen!

And then immediately the Sixth Hour.



SUNDAY TROPARIA

✠ Tone 1

When the stone had been sealed by the Jews; while the soldiers were guarding Thy most pure Body; Thou didst rise on the third day, O Savior, granting life to the world. The powers of Heaven therefore cried to Thee, O Giver of Life: Glory to Thy Resurrection, O Christ! Glory to Thy Kingdom! /// Glory to Thy dispensation, O Thou who lovest mankind!

✠ Tone 2

When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead! And when from the depths Thou didst raise the dead, all the powers of Heaven cried out: /// O Giver of Life, Christ our God: glory to Thee!

✠ Tone 3

Let the Heavens rejoice! Let the earth be glad! For the Lord has shown strength with His arm! He has trampled down death by death! He has become the First-born of the dead! He has delivered us from the depths of hell, /// and has granted the world great mercy!

✠ Tone 4

When the women Disciples of the Lord learned from the Angel the joyous message of Thy Resurrection; they cast away the ancestral curse and elatedly told the Apostles: Death is overthrown! /// Christ our God is risen, granting the world great mercy!

✠ Tone 5

Let us, the faithful, praise and worship the Word, Co-Eternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death, /// and to raise the dead by His glorious Resurrection!

✠ Tone 6

The angelic powers were at Thy tomb; the guards became as dead men! Mary stood by Thy grave, seeking Thy most pure Body! Thou didst capture hell, not being tempted by it! Thou didst come to the Virgin, granting life! /// O Lord who didst rise from the dead: glory to Thee!

✠ Tone 7

By Thy Cross, Thou didst destroy death! To the thief, Thou didst open Paradise! For the Myrrhbearers, Thou didst change weeping into joy! And Thou didst command Thy Disciples, O Christ God, /// to proclaim that Thou art risen, granting the world great mercy!

✠ Tone 8

Thou didst descend from on High, O Merciful One! Thou didst accept the three-day burial to free us from our sufferings! /// O Lord, our Life and Resurrection: glory to Thee!

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SUNDAY KONTAKIA

✘ Tone 1

As God, Thou didst rise from the tomb in glory, raising the world with Thyself!
Human nature praises Thee as God, for death has vanished! Adam exults, O Master!
Eve rejoices, for she is freed from bondage, and cries to Thee: /// Thou art the Giver
of Resurrection to all, O Christ!

✘ Tone 2

Hell became afraid, O Almighty Savior, seeing the miracle of Thy Resurrection
from the tomb! The dead arose! Creation with Adam beheld this and rejoiced with
Thee! /// And the world, O my Savior, praises Thee forever!

✘ Tone 3

On this day Thou didst rise from the tomb, O Merciful One, leading us from the
gates of death! On this day Adam exults as Eve rejoices; /// with the Prophets and
Patriarchs they unceasingly praise the divine majesty of Thy power!

✘ Tone 4

My Savior and Redeemer as God rose from the tomb and delivered the earthborn
from their chains! He has shattered the gates of hell, /// and as Master, He has risen on
the third day!

✘ Tone 5

Thou didst descend into hell, O my Savior, shattering its gates as almighty;
resurrecting the dead as Creator, and destroying the sting of death! Thou hast
delivered Adam from the curse, O Lover of Man, /// and we all cry to Thee: O Lord,
save us!

✘ Tone 6

When Christ God, the Giver of Life, raised all of the dead from the valleys of
misery with His mighty hand, He bestowed resurrection on the human race! /// He is
the Savior of all, the Resurrection, the Life, and the God of all!

✘ Tone 7

The dominion of death can no longer hold men captive, for Christ descended,
shattering and destroying its powers! Hell is bound, while the Prophets rejoice and
cry: The Savior has come to those in faith! /// Enter, you faithful, into the
Resurrection!

✘ Tone 8

By rising from the tomb, Thou didst raise the dead and resurrect Adam! Eve exults
in Thy Resurrection, /// and the world celebrates Thy Rising from the dead, O
Greatly-Merciful One!

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