

Prayers of Thanksgiving after Holy Communion

And having attained the good Communion of the Life-Creating and Mystic Gifts, straightway give praise and great thanksgiving, and fervently, from thy soul, cry unto God:

✠ **Glory to Thee, O God! (3 times)**

I thank Thee, O Lord my God, for Thou hast not rejected me, a sinner, but hast made me worthy to be a partaker of Thy Holy Things! I thank Thee, for Thou hast permitted me, the unworthy, to commune of Thy Most Pure and Heavenly Gifts. But, O Master Who lovest mankind, Who for our sakes didst die and rise again, and gavest us these Awesome and Life-Creating Mysteries for the good and sanctification of our souls and bodies; let Them be for the healing of soul and body, the repelling of every adversary, the illumining of the eyes of my heart, the peace of my spiritual powers, a faith unashamed, a love unfeigned, the fulfilling of wisdom, the observing of Thy commandments, the receiving of Thy Divine Grace, and the attaining of Thy Kingdom! Preserved by them in Thy holiness, may I always remember Thy Grace and live not for myself alone, but for Thee, our Master and Benefactor! May I pass from this life in the hope of eternal life, and so attain to the everlasting rest, where the voice of those who feast is unceasing, and the gladness of those who behold the goodness of Thy countenance is unending! For Thou art the true desire and the ineffable joy of those who love Thee, O Christ our God, and all creation sings Thy praise forever. Amen.

A Prayer of St. Basil the Great

O Master Christ our God, King of the Ages, Maker of all things: I thank Thee for all the good things Thou hast given me, especially for the Communion with Thy Most Pure and Life-Creating Mysteries! I pray Thee, O Gracious Lover of Man: preserve me under Thy protection, beneath the shadow of Thy wings! Enable me, even to my last breath, to partake worthily and with a pure conscience of Thy Holy Things, for the remission of sins and unto life eternal! For Thou art the Bread of Life, the Fountain of Holiness, the Giver of all Good; to Thee we ascribe glory, with the Father and the Holy Spirit, now and ever and unto ages of ages. Amen.

A Prayer of St. Simeon Metaphrastes

Freely Thou hast given me Thy Body for my Food, O Thou Who art a Fire consuming the unworthy! Consume me not, O my Creator, but instead enter into my members, my reins, my heart! Consume the thorns of my transgressions! Cleanse my soul and sanctify my reasonings! Make firm my knees and body! Illumine my five senses! Nail me to the fear of Thee! Always protect, guard, and keep me from soul destroying words and deeds! Cleanse me, purify me, and adorn me! Give me understanding and illumination! Show me to be a temple of Thy One Spirit, and not the home of many sins! May every evil thing, every carnal passion, flee from me as from a fire as I become Thy tabernacle through Communion! I offer Thee as intercessors all the Saints: the leaders of the Bodiless Hosts, Thy Forerunner, the wise Apostles, and Thy Pure and Blameless Mother! Accept their prayers in Thy love, O my Christ, and make me, Thy servant, a child of light! For Thou art the only Sanctification and Light of our souls, O Good One, and to Thee, our Master and God, we ascribe glory day by day!

Another Prayer

O Lord Jesus Christ our God: let Thy Holy Body be my eternal life; Thy Precious Blood, my remission of sins! Let this Eucharist be my joy, health, and gladness! Make me, a sinner, worthy to stand on the right hand of Thy glory at Thine awesome Second Coming, through the prayers of Thy Most Pure Mother and of all the Saints!

A Prayer to the Theotokos

O Most Holy Lady Theotokos, the Light of my darkened soul, my Hope, my Protection, my Refuge, my Rest, and my Joy: I thank thee, for thou hast permitted me, the unworthy, to be a partaker of the Most Pure Body and Precious Blood of thy Son! Give the light of understanding to the eyes of my heart, thou that gavest birth to the True Light! Enliven me who am deadened by sin, thou that gavest birth to the Fountain of Immortality! Have mercy on me, O loving Mother of the merciful God! Grant me compunction and contrition of heart, humility in my thoughts, and a release from the slavery of my own reasonings! And enable me, even to my last breath, to receive the sanctification of the Most Pure Mysteries, for the healing of soul and body! Grant me tears of repentance

and confession, that I may glorify thee all the days of my life, for thou are blessed and greatly glorified forever. Amen.

Lord, now lettest Thou Thy servant depart in peace, according to Thy word! For mine eyes have seen Thy Salvation, which Thou hast prepared before the face of all people: a Light to lighten the Gentiles, and the glory of Thy people, Israel!

✠ Holy God, Holy Mighty, Holy Immortal, have mercy on us! *(3 times)*

✠ Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

✠ O Most-Holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Thy name's sake.

✠ Lord, have mercy. *(3 times)*

✠ Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

✠ Our Father, Who art in Heaven, hallowed be Thy name. Thy Kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors, and lead us not into temptation, but deliver us from the evil one.

✠ Through the prayers of our Holy Fathers, O Lord Jesus Christ our God, have mercy on us and save us. Amen.

For the Liturgy of St. John Chrysostom - Tone 8

Grace shining forth from thy lips like a beacon has enlightened the universe. It has shown to the world the riches of poverty! It has revealed to us the heights of humility! Teaching us by thy words, O Father John Chrysostom, intercede before the Word, Christ our God, to save our souls!

✠ *(Tone 6) Glory to the Father, and to the Son, and to the Holy Spirit.*

Thou didst receive divine grace from Heaven, O all-blessed and venerable John Chrysostom, and taught all by thy mouth to worship One God in Trinity! We praise thee worthily, for thou art an instructor, who reveals things divine!

For the Liturgy of St. Basil the Great - Tone 1

Thy proclamation has gone out into all the earth, for it was divinely taught by hearing thy voice! Thou didst expound the nature of creatures and ennobled the manners of men! O Holy Father of Royal Priesthood, entreat Christ God that our souls may be saved!

✠ *(Tone 4) Glory to the Father, and to the Son, and to the Holy Spirit.*

Thou wast revealed as the sure foundation of the Church, granting all men a lordship which cannot be taken away, sealing it with thy precepts, O venerable and heavenly Father!

For the Liturgy of the Presanctified Gifts

Troparion to St. Gregory Dialogos, Pope of Rome - Tone 4

Receiving Divine Grace from God on high, O glorious Gregory, and strengthened with Its power, thou didst will to walk in the path of the Gospel, O most blessed one! Therefore thou hast received from Christ the reward of thy labors! Entreat Him that He may save our souls!

✠ *(Tone 3)* Glory to the Father, and to the Son, and to the Holy Spirit.

Thou didst show thyself to be an imitator of Christ the Chief Shepherd, O Father Gregory: guiding the orders of monks to the fold of Heaven! From there thou didst teach the flock of Christ His commandments! Now thou rejoice with them in the mansions of Heaven!

After the Kontakion to the Liturgical Saint, in the same tone:

✠ *Now and ever and unto ages of ages. Amen.*

Steadfast Protectress of Christians, constant Advocate before the Creator, do not despise the cry of us sinners, but in thy goodness come speedily to help us who call on thee in faith! Hasten to hear our petition and to intercede for us, O Theotokos, for thou always protectest those who honor thee!

✠ Lord, have mercy! *(12 times)*

✠ Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

✠ More honorable than the Cherubim and more glorious, beyond compare, than the Seraphim: without corruption thou gavest birth to God the Word! True Theotokos, we magnify thee!

✠ Through the prayers of our Holy Fathers, O Lord Jesus Christ our God, have mercy on us and save us. Amen.

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